

TESSA RUSS

MOVEMENT ARTIST

CONTACT

- 📞 1(414) 405-6614
- ✉️ tessa.russ00@gmail.com
- 📍 Brooklyn, NY 11221
- 🌐 www.tessaruss.com
@tessa_russ (instagram)

EDUCATION

University of Minnesota - Twin Cities – BFA
Dance, Business Management Minor

- Gertrude Lipincott Award - Dance scholarship recipient

Springboard Danse Pittsburgh - MAY '26
Gibney Education, Peridance Center,
Broadway Dance Center, NYC - Weekly
classes OCT 2023 to present

BigKid Dance Summer & Winter intensives
- JUN '24, JAN '25, JUN '25

Gallim Dance Process Immersion Workshop
- JUN '24

NVA & Guests Winter Workshop - JAN '24
Felix Landerer workshop and Project with
Nadine Gerspacher at B12 Festival - JUL '23
Rubberband Dance Intensive - JUNE '23
Orsolina28 Jacob Jonas Intensive - JUN '23

SKILLS

- rhythmic training, musicality
- partnering, contact improvisation
- music theory (can play violin and piano)
- improvisation/composition
- well rounded/versatile (**training in contemporary/modern, tap, breaking, krump and commercial hip hop, floorwork, west african, ballet, and others**)
- athletic (soccer, basketball, tumbling, bouldering)
- vocal training
- physical theatre/improvisational acting (including drag)
- attention to detail
- driven, respectful, and professional attitude
- dance pedagogy knowledge
- dance administrative work experience

LIVE PERFORMANCE

"Palermo Palermo" A piece by Pina Bausch, Pittsburgh - Performer

Excerpt performed at the Pittsburgh Playhouse, PNC Theater - JUN 2026

"SATE" by Morgan Cogley, New York City - Performer/Collaborator

Evening-length immersive performance premiere (soloist) - APR 2026 at Rosa 402, Williamsburg
Excerpts performed at The Craft - SEPT 2024, Modern Moves festival at Green Space - NOV 2024
and THAT Show - MAR 2025

Zvi Dance Company, New York City - Company Member/Performer

JUL 2025 - PRESENT

Zvi Gotheiner - Director

"Dandelion" - full length premiered at New York Live Arts NOV 2025

Catastrophe!, New York City - Company Member/Performer

FEB 2024. - PRESENT

Cat Cogliandro - Director

"Is This What You Came To See" - JUL 2025, premier at Arts On Site, NYC (soloist), Various works
performed at Peridance Presents - APR 2024, Leg up on Life - AUG 2024, Choreographers Carnival
- NOV 2024, the TANK - FEB 2025, YCF - JUN 2025, Back up for Cailin Russo - MAR 2024

**"Draw the Line" by Samuel Schler & Nicholas Lamaina, New York City -
Performer/Collaborator**

Immersive performance at Minimal NYC Gallery for the opening of Impossibilities (Meet me in Utopia)

Verbal Animal, New York City - Performer

Lavy - Director

"Contact" performed at Making Moves Festival - SEPT 2024, and Arts on Site - OCT 2024

Black Label Movement, Minneapolis MN – Company Member

OCT 2021 - OCT 2023

Carl Flink - Director

"Canary, Crimson, Emerald" Performed at the Cowles Center - SEPT 2022

"Riding the Maelstrom" Performed at the Cowles Center - NOV 2022

"Wreck" Performed at the Cowles Center - APRIL 2023

HoneyWorks, Minneapolis MN - Performer

Berit Algren - Director

"Cedarbacke" Performed at the Southern Theatre - APRIL 2023

"Au" Performed at the SHED, in collaboration with Hatch Dance - JULY 2022

Corpus Danceworks, Minneapolis MN – Company Member

AUGUST 2019 - APRIL 2023

Lily Conforti - Director

Various Works including "I think we are supposed to be 'Coming of Age' by now" Minneapolis &
Indianapolis Fringe Festival, In collaboration with Oyster Boi Band - 2022

Other

Kaitlyn Hawkins, "**Wishing, (and hoping), (and praying)**", performed at Westfest, NYC - MAY 2026

Alicia Steeves, "**Ecdysis**", full length performed at THAT SHOW, NYC - SEPT 2025

Andrea Miller, Gallim Dance "**Wonderland**" (Excerpt) - DEC 2019

Nadine Gerspacher, "**Paradise is a Feeling**", performed at DOCK 11, Berlin, Germany - JULY 2023

FILM/OTHER MEDIA

"Transient", Dance Film, Performer, featured in **NOWNESS and Vogue**,

New York City, *choreographed by Samuel Schler in collaboration with designer Peter Do* - JUL 2025

"Hollow Bones" Music Video, Performer, sung by Anna Graves,

New York City, *choreographed by Cat Cogliandro* - JULY 2025

"Versions", Dance Film, Performer/Lead,

New York City, *Cinematography/Direction by Geetika & Choreographed by Olympia Spivey* - JUN 2024